



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN

CONVERGENCES EN DOULEUR PELVI PÉRINEALE

CONVERGENCIAS EN DOLOR PELVIPERINEAL

Ramón Usandizaga (Spain) - Meeting Chair

Eric Bautrant (France) - Convergences-PP President

Mauro Cervigni (Italy) - ICS Board

**14-15-16**  
**NOVEMBER**  
**2019**  
**MADRID**

Universidad Autónoma de Madrid,  
Facultad de Medicina

> Pelvic and perineal neuralgias

> Vulvar vestibulodynia

> Pelviperrineal pain after surgery for prolapse and incontinence

> New treatments in pelviperrineal pain

> Pain and Endometriosis



Simultaneous  
translation



**PROGRAM IN ENGLISH**

[www.convergencespp.com](http://www.convergencespp.com)



Société Interdisciplinaire Francophone  
d'Urodynamique et de Pélo-Périnéologie



General Organisation: MCO Congrès - Kim Marsilj : [kim.marsilj@mcocongres.com](mailto:kim.marsilj@mcocongres.com) - Phone: + 33 (0)4 95 09 38 00



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRINEALE  
CONVERGENCIAS EN DOLOR PELVIPERINEAL

[www.convergencespp.com](http://www.convergencespp.com)

14-15-16  
NOVEMBER  
2019  
MADRID

Universidad Autónoma de Madrid,  
Facultad de Medicina



## FACULTY LIST

- |   |   |
|---|---|
|  Adot José María ( <i>Burgos, Spain</i> )                |  López Ana ( <i>Madrid, Spain</i> )                      |
|  Amarenco Gérard ( <i>Paris, France</i> )                |  López-Fando Luis ( <i>Madrid, Spain</i> )               |
|  Bautrant Eric ( <i>Aix-en-Provence, France</i> )        |  Martínez Blancá ( <i>Madrid, Spain</i> )                |
|  Beer Gabel Marc ( <i>Tel Aviv, Israel</i> )             |  Montes Isabel ( <i>Gran Canarias, Spain</i> )           |
|  Borobia Ana ( <i>Madrid, Spain</i> )                    |  Muñoz Mar ( <i>Madrid, Spain</i> )                      |
|  Bredeau Olivier ( <i>Nîmes, France</i> )                |  Nohales Francisco ( <i>Valencia, Spain</i> )            |
|  Bruyninx Luc ( <i>Bruxelles, Belgium</i> )              |  Pelletier Fabien ( <i>Besançon, France</i> )            |
|  Cánser Enrique ( <i>Madrid, Spain</i> )                 |  Pereira Augusto ( <i>Madrid, Spain</i> )                |
|  Carmona Francisco ( <i>Barcelona, Spain</i> )           |  Planté Anne-Florence ( <i>Aix-en-Provence, France</i> ) |
|  Cervigni Mauro ( <i>Roma, Italy</i> )                   |  Ploteau Stéphane ( <i>Nantes, France</i> )              |
|  Clascá Francisco ( <i>Madrid, Spain</i> )               |  Porta Oriol ( <i>Barcelona, Spain</i> )                 |
|  De Andrés Javier ( <i>Madrid, Spain</i> )               |  Quintas Marques Lara ( <i>Barcelona, Spain</i> )        |
|  De Andrés Jose ( <i>Valencia, Spain</i> )               |  Quistrebert Virginie ( <i>Nantes, France</i> )          |
|  Del Moral Eloy ( <i>Pontevedre, Spain</i> )           |  Ramírez Inés ( <i>Barcelona, Spain</i> )              |
|  Gómez de Vicente José Miguel ( <i>Madrid, Spain</i> ) |  Recalcati Dario ( <i>Milano, Italy</i> )              |
|  Hergueta Sol ( <i>Madrid, Spain</i> )                 |  Riant Thibaut ( <i>Nantes, France</i> )               |
|  Itza Fernando ( <i>Madrid, Spain</i> )                |  Roger Robert ( <i>Nantes, France</i> )                |
|  Leme-Fernandes Gustavo ( <i>Sao Paolo, Brazil</i> )   |  Usandizaga Ramón ( <i>Madrid, Spain</i> )             |
|  Levêque Christine ( <i>Aix-en-Provence, France</i> )  |  Valancogne Guy ( <i>Lyon, France</i> )                |
|  Levêque Marc ( <i>Marseille, France</i> )             |  Vicente Palacio Eduardo ( <i>Sabadell, Spain</i> )    |
|  Levesque Amélie ( <i>Nantes, France</i> )             |  Zarza Daniel ( <i>Madrid, Spain</i> )                 |



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRIÉALE  
CONVERGENCIAS EN DOLOR PELVIPERINEAL

[www.convergencespp.com](http://www.convergencespp.com)

14-15-16  
NOVEMBER  
**2019**  
**MADRID**  
Universidad Autónoma de Madrid,  
Facultad de Medicina



It is a true honor and a real privilege to have been appointed by the Convergences PP scientific society to chair its annual congress, to be held this year in Madrid in November.

Convergences PP has distinguished itself since its founding as a company dedicated to the study of chronic pelvic pain, an extremely debilitating pathology that is difficult to diagnose and treat, and which affects a large number of people in our environment.

Convergences PP congresses have always been a scientific and social success, with a very high quality in the interventions and the presentations, an impressive depth in debates and conclusions, and fantastic leisure activities.

We are working with effort and enthusiasm to continue and even surpass these successes in November. An intense and varied program has been designed by specialists from all health professions involved in the topic of chronic pelvic pain. They were invited to propose a multidisciplinary, comprehensive and high-level scientific congress.

The facilities of the Faculty of Medicine of the Autonomous University of Madrid allow us to carry out, on the one hand, a pre-congress course with corpses dissection which, we hope, will greatly interest the participants; on the other hand a congress with exhibitions with simultaneous translation and all the necessary technical means; and meeting spaces to allow delegates to meet and share their impressions.

Madrid is an open and welcoming city full of cultural, gastronomic and leisure attractions that will allow delegates to enjoy their free time. We hope to receive you from November 13 to 16 with the certainty that the Convergences PP Congress of the year 2019 will not disappoint you.

Looking forward to welcoming you,

**Ramón Usandizaga**  
President of the congress



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI-PÉRINEALE  
CONVERGENCIAS EN DOLOR PELVIPERINEAL


[www.convergencespp.com](http://www.convergencespp.com)

14-15-16  
NOVEMBER  
2019  
MADRID

Universidad Autónoma de Madrid,  
Facultad de Medicina



## WEDNESDAY 13<sup>th</sup> NOVEMBER : BEFORE THE CONGRESS

- 11:00-17:30 **WORKSHOP: DISSECTION ON ANATOMICAL PIECES**  (*Workshop in Spanish - Not translated*)  
*F. Clascá*
- 11:00-13:30 Anatomy of the nerves of the buttocks and perineum. Approaches of the pudendal nerve.  
*S. Ploteau, R. Usandizaga, E. Bautrant*

### 13:30-15:00 LUNCH

- 15:00-17:30 Anatomy of pelvic and perineal muscles. Application to the rehabilitation and injections of Botulinum Toxin.  
*I. Montes, F. Clascá, R. Usandizaga*

## THURSDAY 14<sup>th</sup> NOVEMBER

### PUDENDAL AND PELVI-PERINEAL NEURALGIAS

- 08:00-09:00 Registration and Opening ceremony by the president, *R. Usandizaga*

#### 09:00-09:30 LECTURE 1:

From the first description of the PNE to the Nantes criteria. *R. Robert*



### SESSION 1: DIFFERENTIAL DIAGNOSIS / SIFUD PP SESSION

President: *G. Amarenco (France)* - Chair: *R. Usandizaga (Spain)*

- 09:40-10:00 Childbearing pudendal neuropathies. *D. Zarza*
- 10:00-10:20 Urinary symptoms of the pudendal neuralgia vs Painfull bladder syndrome. *E. Vicente Palacio*
- 10:20-10:40 Persistent Genital Arousal Disorder, Sexual dysfunctions and pudendal neuropathy. *F. Itza*

### 10:40-11:00 COFFEE BREAK

- 11:10-11:30 The pudendal neuropathy of the elderly woman. *G. Amarenco*
- 11:30-11:50 Particularities of the anal and rectal symptoms in pudendal neuralgia. *M. Beer Gabel*
- 11:50-12:10 The rares pelvi-perineal neuralgias, ilio-inguinal, ilio-hypogastric et cluneal. *S. Ploteau*
- 12:10-13:00 The pudendal block nerve injections: diagnostic or treatment?  
Pros and Cons: *J. de Andres, JM. Adot, T. Riant, A. Pereira*

### 13:00-14:30 LUNCH

### SESSION 2: TREATMENTS

President: *G. Amarenco (France)* - Chair: *D. Zarza (Spain)*

- 14:30-14:50 Physical-therapy and manual medicine in the treatment of pudendal neuralgia. *AF. Planté*
- 14:50-15:10 Radio-frequency in the treatment of pudendal neuralgia. *B. Martinez*
- 15:10-15:20 Botulinum Toxin injections in the treatment of pudendal neuralgias. *O. Bredeau*
- 15:20-15:40 Peri-neural catheter connected to a supra pubic portacath or to a programable pump for local anaesthetic nerve diffusion. *E. Bautrant*

### 15:40-16:30 COFFEE BREAK

- 16:10-18:00 **ROUND TABLE:** The pudendal nerve surgical neurolysis. Trans-gluteal, laparoscopic, trans-ischio-rectal approaches. The pudendal neuromodulation. 4 communications of 15 minutes  
*L. López-Fando, S. Ploteau, E. Bautrant, G. Fernandes*
- 18:00-18:30 **HOW TO MANAGE A PUDENDAL NEURALGIA ? TOWARDS A CONVERGENCESPP CONSENSUS?**  
*A. Levesque*
- 18:30-19:30 **POSTER SESSION**  
President: *L. Bruyninx (Belgium)* - Chair: *S. Ploteau (France)*



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRINEALE  
CONVERGENCIAS EN DOLOR PELVIPERINEAL

[www.convergencespp.com](http://www.convergencespp.com)

14-15-16  
NOVEMBER  
2019  
MADRID

Universidad Autónoma de Madrid,  
Facultad de Medicina



## FRIDAY 15<sup>th</sup> NOVEMBER

### 09:00-09:30 LECTURE 2:

Endometriosis and central sensitization. *R. Usandizaga*

### SESSION 3: PAIN AND ENDOMETRIOSIS

President: *F. Carmona (Spain)* - Chair: *R. Usandizaga (Spain)*

09:30-09:50 Superficial Endometriosis vs Deep Endometriosis and CPP. *A. Lopez*

09:50-10:10 Recurrence of deep endometriosis and CPP. *L. Quintas*

10:10-10:30 Pelvi-Perineal Myo-fascial Syndrome after treatment of endometriosis. *M. Muñoz*

10:30-10:50 « Endometriosis like » syndrome : from the concept of uterine pain syndrome to the use of Botulinic Toxin hysteroscopic injections. *E. Bautrant*

### 11:00-11:30 COFFEE BREAK

### SESSION 4: PHYSICAL-THERAPY AND MANUAL MEDICINE IN CPP

President: *I. Montes (Spain)* - Chair: *A. Borobia (Spain)*

11:30-11:50 Adjustment of the post-partum physical-therapy in CPP condition. *I. Ramirez*

11:50-12:10 Physical-Therapy and manual medicine in cases of changes in the posture associated with CPP. *A. Borobia*

12:10-12:30 Indications of Botulinum Toxin injections in perineal hypertonia. *I. Montes*

12:30-12:50 Physical therapy in sexual abuses conditions. *AF. Plante*

12:50-13:10 Physical-Therapy in Painfull Bladder Syndrome. *S. Hergueta*

### 13:30-14:30 LUNCH

### SESSION 5: PROVOKED VESTIBULODYNIAS (PVD)

President: *F. Nohales (Spain)* - Chair: *E. Bautrant (France)*

14:30-14:50 Pathophysiology reminder and the Convergences PP consensus for the first line treatment. *O. Porta*

14:50-15:10 First line treatment : the physical-therapy. *G. Valancogne*

15:10-15:30 First line treatment: cognitive-behavioral therapeutics. *V. Quistrebert*

15:30-15:50 The non-surgical second-line therapies. *J. de Andres*

### 16:00-17:00 COFFEE BREAK

17:00-17:10 Results of the new Laser energies and photobiomodulation therapies in PVD. *D. Recalcati*

17:10-17:30 Results of Botulinum Toxin injections in PVD. *F. Pelletier*

17:30-17:50 Results of the TENS system in PVD. *D. Recalcati*

17:50-18:10 Lipofilling and surgery in PVD. *E. Bautrant*

18:10-18:30 **ROUND TABLE:** Indication of the second-line therapies. Towards a Convergences PP consensus ?  
*J. de Andres, O. Porta, D. Recalcati, G. Valancogne, V. Quistrebert, E. Bautrant*

### 18:30-19:00 ABSTRACTS SESSION

President: *M. Beer Gabel (Israel)* - Chair: *A. Levesque (France)*

### 21:00 GALA DINER



# CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN  
CONVERGENCES EN DOULEUR PELVI PÉRINEALE  
CONVERGENCIAS EN DOLOR PELVIPERINEAL

[www.convergencespp.com](http://www.convergencespp.com)

14-15-16  
NOVEMBER  
**2019**  
**MADRID**  
Universidad Autónoma de Madrid,  
Facultad de Medicina



## SATURDAY 16<sup>th</sup> NOVEMBER



### SESSION 6: PELVI-PERINEAL PAIN AFTER SURGERIES FOR PROLAPSE AND INCONTINENCE / SESSION ICS

- 09:00-09:40 **LECTURE 3:** « Implant files », Meshes complications, the patients and the journalists. Which type of mesh can reduce the risk of post-op CPP? *E. Bautrant*  
President: *M. Cervigni (Italy)* - Chair: *E. Bautrant (France)*
- 09:40-10:00 Compared pain complications of incontinence and prolapse surgery with and without meshes.  
*JM. Gómez de Vicente*
- 10:00-10:20 Pain complications of laparoscopic sacral-colpopexy. *M. Cervigni*
- 10:20-10:40 Post-op Pudendal neuralgias. *E. Del Moral*
- 10:40-11:00 Multidisciplinary management of patient with CPP after mesh surgery. *C. Levêque*

### 11:00-11:30 COFFEE BREAK



### SESSION 7: NEUROMODULATION IN CPP / SESSION BOSTON SCIENTIFIC

President: *J. de Andres (Spain)* - Chair: *M. Levêque (France)*

- 11:30-12:50 **ROUND TABLE:** Experiences of Experts : how to indicate neuromodulation in CPP?  
3 communications of 15 minutes  
*J. de Andrés, E. Cánser, M. Levêque*
- 13:00-14:00 CLOSING CEREMONY, ABSTRACT AWARDS.  
*Convergences PP : 2020 Congress and 2021 WCAPP 5. E. Bautrant*



**GENERAL ORGANISATION : MCO Congrès** - Villa Gaby - 285 Corniche JF. Kennedy - 13007 Marseille  
Tél. : +33 (0) 4 95 09 38 00 - Contact : Fabrice Guez - [fabrice.guez@mcocongres.com](mailto:fabrice.guez@mcocongres.com)