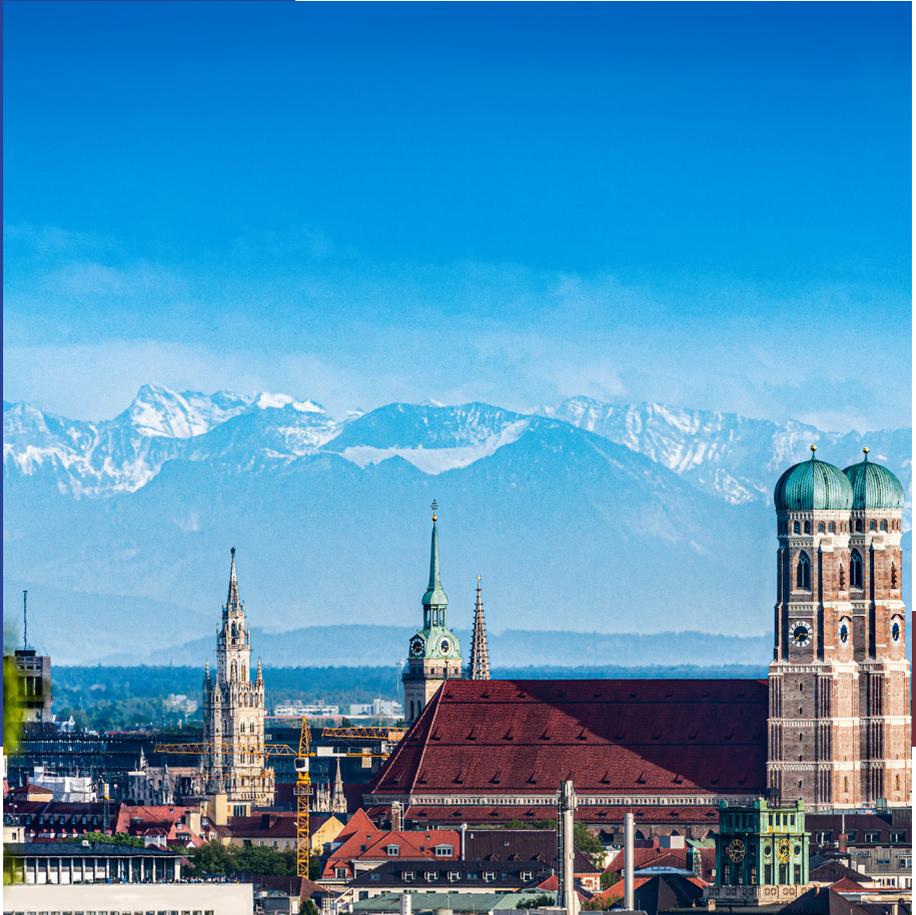


PROGRAMME
MUNICH / GERMANY



EFAS Basic and Advanced Course
on Ankle Arthroscopy

www.efas.net

06-07 OCTOBER 2022
European Foot & Ankle Society

Arthrex GmbH, Erwin-Hielscher-Str. 9, 81249 Munich, Germany





EFAS **Basic and Advanced Course** on Ankle Arthroscopy

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EFAS ARTHROSCOPY BASIC COURSE

COURSE DIRECTOR

Kris Buedts

FACULTY

Alberto Bailez
Paolo Ceccarini

Nuno Côrte-Real
Henryk Liszka
Frederick Michels

Manuel Monteagudo
Lee Parker

THURSDAY	06 th OCTOBER 2022
08:00	Registration
08:30	Welcome to the course, Basic and Advanced
08:40	Welcome from Sponsors / Rules about the Lab
08:50	Setup and instruments. P. Ceccarini
09:00	The Surface anatomy of the ankle in relation to the Anterior portals. A. Bailez
09:10	How to treat the osteochondral lesions in the ankle: open / arthroscopic? H. Liszka
09:20	The main Indications for anterior Arthroscopy. M. Monteagudo
09:45	Discussion
10:00 - 10:15	Coffee Break
10:15	PRACTICAL EXERCISE PART 1: 1. Demonstration by the Faculty: <ul style="list-style-type: none"> • The Anterior portals and their relation to the surface anatomy. A. Bailez • Identification of landmarks. M. Monteagudo • Anterior impingements, bone / soft tissues. P. Ceccarini • Micro fracturing. H. Liszka Exercise by the participants
11:30	PRACTICAL EXERCISE PART 2: 1. Demonstration by the Faculty: M. Monteagudo / K. Buedts <ul style="list-style-type: none"> • Arthroscopic assisted ankle arthrodesis with screws • Placement of Exa-articular Plate Exercise by the participants
12:45 - 14:00	Lunch Break



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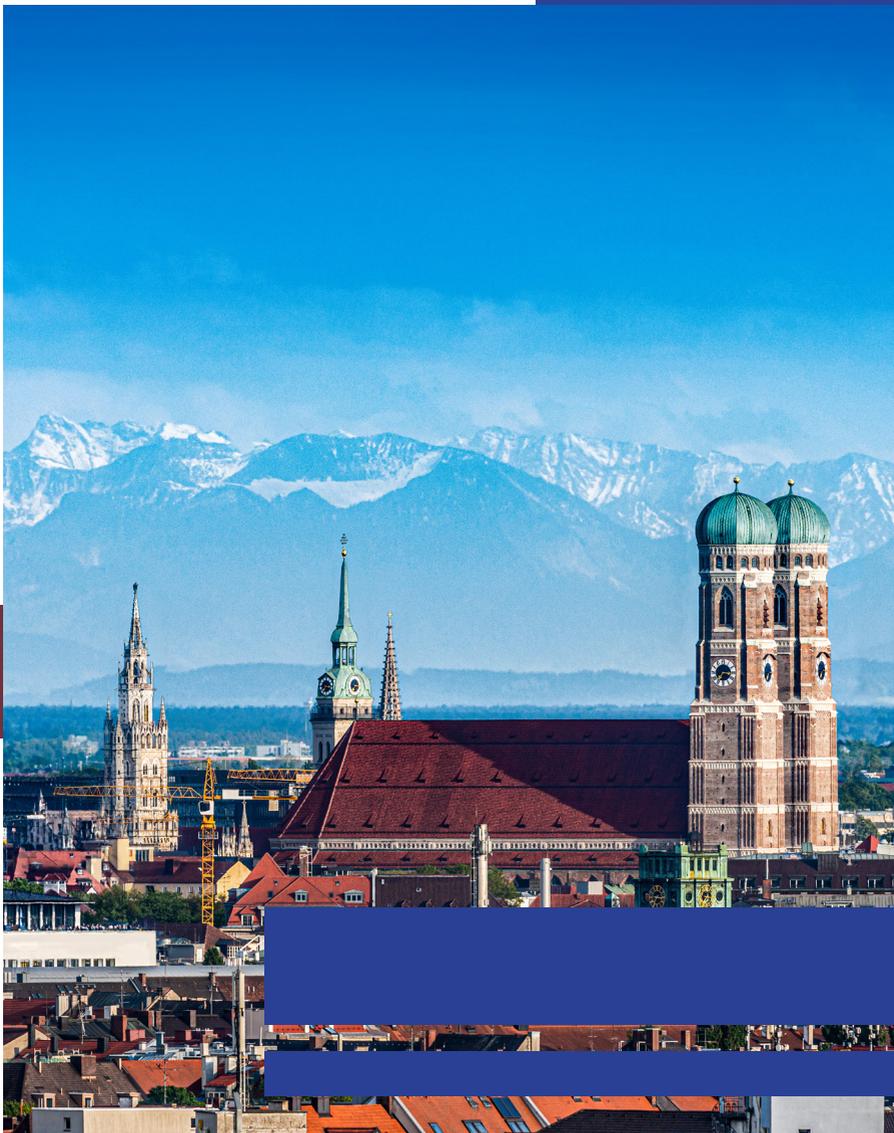
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EFAS ARTHROSCOPY BASIC COURSE

14:00	Surgical anatomy and post approaches. H. Liszka
14:15	Indications for posterior and subtalar arthroscopy. H. Liszka
14:35	Haglund and AT tendinopathy (The endoscopic treatment options). K. Buedts
15:05	Evidence for open or endoscopic subtalar arthrodesis. A. Bailez
15:20	Discussion
16:15- 16:30	Coffee Break
16:30	PRACTICAL EXERCISE PART 3: 1. Demonstration by the Faculty: • Posterior Anatomy and relation to the posterior portal. M. Monteagudo • Subtalar approach and relation to the portals. H. Liszka Exercise by the participants PRACTICAL EXERCISE PART 4: 1. Demonstration by the Faculty: • Endoscopic treatment of Haglund exostosis / FHL transfer. A. Bailez Exercise by the participants
18:00	End of the day
20:00	Course dinner with the faculty and the participants

FRIDAY	07th OCTOBER 2022
08:15	WELCOME
08:30	Evidence and update on osteochondral lesions of the ankle joint. F. Michels
08:50	Ankle arthrodesis; open or endoscopic? P. Ceccarini
09:10	Arthroscopic evaluation of the medial ankle ligament complex. L. Parker
09:30	Discussion
10:00-10:30	Coffee Break
10:30	PRACTICAL EXERCISE PART 5: 1. Demonstration by the Faculty: • Endoscopic subtalar arthrodesis. P. Ceccarini Exercise by the participants
12:00-12:45	Lunch Break
12:45	Case clinic discussion basic and advanced course joining with the faculty
14:30	Closing of the day – Summary



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GENERAL ORGANISATION :

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