



EFAS Specimen Lab Course

European Foot & Ankle Society

10-11 DECEMBER 2022

www.efas.net **AUGSBURG / GERMANY**



HINDFOOT TECHNIQUES - EFAS CADAVER COURSE

FACULTY MEMBERS:

Peter Bock | Kris Buedts | Johnny Frøkjær | Johannes Hamel | Joris Hermus
Hakon Kofoed | Helka Koivu | Fabian Krause | Bruno Märkl
Bruno Pereira | Martinus Richter | Manfred Thomas | Yves Tourné

SATURDAY	10 th DECEMBER 2022
08:00	Registration
08:45	Opening and organisatory instructions. K. Buedts, M. Thomas, B. Märkl
08:55	Pes planovalgus: classification - pathology - treatment. Y. Tourné
09:25	Lengthening of Achilles tendon: different techniques. P. Bock
09:40	Neglected Achilles tendon rupture: treatment options. Y. Tourné
09:55 - 10:20	Coffee break
10:20	 PRACTICAL EXERCISE: 1. Demonstration: 3 Tables simultaneously. Y. Tourné, J. Frøkjær, K. Buedts <ul style="list-style-type: none">• Soft tissue preparation incl. spring ligament.• FDL tendon transfer.• Medial sliding osteotomy calcaneus.• Cotton osteotomy. Exercise by the participants (Cadaver specimen N° 1) 2. Demonstration: 3 Tables simultaneously. F. Krause, B. Pereira, P. Bock <ul style="list-style-type: none">• Evans/ Hintermann osteotomy.• Different techniques for Achilles tendon lengthening.• FHL - transfer for neglected Achilles tendon rupture. Exercise by the participants
12:45 - 13:45	Lunch break
13:45	Degeneration of the Hindfoot. H. Kofoed
14:15	Subtalar arthrodesis and Triple arthrodesis: indication and technique. H. Koivu
14:35	Isolated tibio-talar arthrodesis: indication- techniques (screw/ plate, anterior or lateral or dorsal approach). J. Hermus
14:50	Pantalar arthrodesis with retrograde nailing: indication and technique. M. Richter
15:05	 PRACTICAL EXERCISE PART 1: 1. Demonstration: 3 Tables simultaneously. Y. Tourné, P. Bock, H. Koivu <ul style="list-style-type: none">• Subtalar fusion.• Triple arthrodesis. Exercise by the participants (Cadaver specimen N° 2)
16:20-16:40	Coffee break



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16:40



PRACTICAL EXERCISE PART 2:

2. Demonstration : 3 Tables simultaneously. **M. Richter, J. Hermus, J. Frøkjær**

- Isolated tibiotalar fusion with screws ventro - medial.
- Isolated tibiotalar fusion with plate dorsal/ medial/ ventral.
- Pantalar fusion with retrograde nailing (straight nail, angulated nail).

Exercise by the participants

18:30

Closing of the day

20:00

Course dinner

SUNDAY 11th DECEMBER 2022

08:30

Principles of tendon transfer surgeries. **J. Hamel**

08:50

Anterior tib. tendon transfer: indication - technique. **M. Thomas**

09:10

Posterior tib. tendon transfer: indication - technique. **J. Frøkjær**

09:30

Cavovarus foot: classification- pathology - treatment. **K. Buedts**

09:50 - 10:20

Coffee break

10:20



PRACTICAL EXERCISE:

1. Demonstration: 3 Tables simultaneously. **J. Hamel, P. Bock, M. Thomas**

- Soft tissue preparation incl. plantaraponeurosis, tib post. Tendon transfer.
- Tib. Anterior tendon transfer.
- Dwyer Osteotomy.
- Lambrinudi arthrodesis.

Exercise by the participants (Cadaver specimen N° 3)

12:45 - 13:15

Lunch break - Finger Food

13:15

Supramalleolar osteotomies: indication - planning - technique. **F. Krause**

13:40

Osteotomies of fibula or distal tibia in open treatment of osteochondral defects. **B. Pereira**

14:00



PRACTICAL EXERCISE:

1. Demonstration: 3 Tables simultaneously. **F. Krause, K. Buedts, B. Pereira, J. Hermus**

- Supramalleolar Opening wedge osteotomy.
- Supramalleolar Closing wedge osteotomy.
- Supramalleolar Dome osteotomy.
- Malleolar osteotomies and osteochondral defects.

Exercise by the participants

16:30

Conclusion and Summary. **K. Buedts, M. Thomas**