

VIENNA / AUSTRIA



**EFAS Specimen
Lab Course**

www.efas.net

08-09 SEPTEMBER 2022

European Foot & Ankle Society

Medical University of Vienna, Centre for Anatomy & Cell Biology
Division of Anatomy, Währinger Straße 13, A-1090 Wien



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EFAS ARTHROSCOPY COURSE

CHAIR OF SLC

Xavier Martin

LOCAL HOST / COMMITTEE MEMBER OF SCIENTIFIC PROGRAM

Peter Bock

Bruno Pereira

FACULTY

Kris Buedts

Helka Koivu

Clemens Mansfield

Don Mc Bride

Manfred Thomas



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EFAS ARTHROSCOPY COURSE

THURSDAY	08 th SEPTEMBER 2022
08:00	Registration
08:45	Opening and organisatory instructions. D. Mc Bride, X. Martin, P. Bock
08:50	Setup and instruments. P. Bock
09:00	Surgical anatomy and anterior approach. H. Koivu
09:10	Indications for anterior approach. K. Buedts
09:35	Different techniques for arthroscopic lateral ligament reconstruction / repair. C. Mansfield
09:55 - 10:15	Coffee break
10:15	<p>PRACTICAL EXERCISE PART 1:</p> <p>1. Demonstration: M. Thomas</p> <ul style="list-style-type: none"> • Anterior approach • Identification of landmarks • Synovectomy, spur removal • Loose bodies • Microfracturing <p>Exercise by the participants</p> <p>2. Demonstration: B. Pereira, C. Mansfield</p> <ul style="list-style-type: none"> • Lateral ligament reconstruction / different techniques • Reconstruction and testing the syndesmosis • Arthroscopic assisted ankle arthrodesis with screws <p>Exercise by the participants</p>
12:45 - 13:45	Lunch break
13:45	Surgical anatomy and posterior approach and subtalar arthroscopy. X. Martin
14:00	Indications for posterior and subtalar arthroscopy. H. Koivu
14:20	Haglund and AT tendinopathy (endoscopic treatment possibilities). K. Buedts
14:35	Technique for endoscopic FHL transfer, evidence open or endoscopic. B. Pereira
14:50	Evidence open or endoscopic subtalar arthrodesis. P. Bock
15:05	<p>PRACTICAL EXERCISE PART 2:</p> <p>1. Demonstration: X. Martin, H. Koivu</p> <ul style="list-style-type: none"> • Posterior approach / portals • Subtalar approach / portals • Landmarks posterior approach <p>Exercise by the participants</p>
16:30 - 16:50	Coffee Break



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THURSDAY	08 th SEPTEMBER 2022
16:50	PRACTICAL EXERCISE PART 2: 2. Demonstration: B. Pereira <ul style="list-style-type: none"> Endoscopic treatment of Haglund exostosis Endoscopic FHL transfer Exercise by the participants
18.00	End of the day
20:00	Course dinner

FRIDAY	09 th SEPTEMBER 2022
08:30	Evidence and update for osteochondral lesions of the ankle joint. M. Thomas
08:50	Limits for ankle arthroscopy for osteoarthritis of the ankle joint. C. Mansfield
09:05	Ankle arthrodesis open or endoscopic? H. Koivu
09:20	Plantar fasciitis: endoscopic techniques and its evidence. P. Bock
09:30	Peroneal tendon pathology – role of tendinoscopy. B. Pereira
09:35	Discussion
09:45 - 10:15	Coffee break
10:15	PRACTICAL EXERCISE PART 3: 1. Demonstration: B. Pereira, P. Bock <ul style="list-style-type: none"> Tendinoscopy peroneal and tib post tendon Endoscopic treatment plantar fascia Endoscopic subtalar arthrodesis Exercise by the participants
12:45 – 13:15	Lunch Break
13:15	Arthroscopy of the MTPI joint: approach and indication. C. Mansfield
13:40	PRACTICAL EXERCISE PART 4: 1. Demonstration: C. Mansfield <ul style="list-style-type: none"> Arthroscopy of the MTPI joint Exercise by the participants
15.30	Closing of the day – Summary



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GENERAL ORGANISATION :

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