



EFAS / ESSKA-AFAS

Sports Medicine Advance Course

15-16 FEBRUARY 2024



MUNICH

GERMANY

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ORGANISATION GÉNÉRALE : MCO Congrès

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ESSKA-AFAS / EFAS – SPORTS MEDICINE ADVANCE COURSE 2024

Faculty members

EFAS: Paolo Ceccarini | Paulo Felicíssimo | Daniele Marcolli | Bruno Pereira | Manfred Thomas

AFAS: Mette Andersen | Guillaume Cordier | Andrew Hong | João Vide | Jordi Vega

Thursday 15 February 2024

08:30	Registration and Opening. Bruno Pereira, João Vide
09:00	Evidence-based indications for ankle arthroscopy. Paulo Felicíssimo
09:15	News approaches: Sinus tarsi / MTP Joint. Paulo Felicíssimo
09:30	Osteochondral lesions – tibia. Guillaume Cordier
09:45	Osteochondral lesions – talus – contained lesions - state of the art. Paolo Ceccarini
10:00	Osteochondral lesions – talus – uncontained lesion - state of the art. João Vide

10:15 COFFEE BREAK

10:45 I CADAVER LAB

- Sinus tarsi approach. **Daniele Marcolli**
- Tenoscopy: peroneal tendon. **Manfred Thomas**
- Arthroscopic OCD Microfractures / fixation. **Paolo Ceccarini**
- Arthroscopic OCD New Techniques. **João Vide**

13:00 LUNCH

14:00	Fractures of 5 th metatarsal in athletes. Manfred Thomas
14:15	Arthroscopic - assisted fracture repair around the ankle. Paolo Ceccarini
14:30	Syndesmotic injuries – arthroscopy role. Mette Andersen

14:45-17:30 I CADAVER LAB

- 5th Metatarsal fracture – plate / screws. **Manfred Thomas**
- Achilles rupture repair - mini-open. **João Vide**
- Achilles reattach - arthroscopic / open. **Daniele Marcolli**
- 1st MTF arthroscopy / Sinus tarsi. **Paulo Felicíssimo, Bruno Pereira**



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Friday 16 February 2024

- 08:00 Medial ankle instability – acute vs chronic. **Jordi Vega**
- 08:15 Lateral ankle instability - arthroscopic approach – repair /augmentation/ reconstruction.
Bruno Pereira
- 08:30 Complex instability – what to do? **Guillaume Cordier**
- 08:45 Return to play after ankle instability surgery. **Andrew Hong**
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- 09:00 **COFFEE BREAK**
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- 09:30 **CADAVER LAB**
- Arthroscopic lateral ankle ligaments repair techniques:
 - All-inside repair. **Bruno Pereira**
 - Arthroscopic Brostrom. **Andrew Hong**
 - All-inside augmented with Internal Brace. **Jordi Vega**
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- 12:00 **LUNCH**
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- 13:00 Peroneal tendons tears – tenoscopy to open repair. **Manfred Thomas**
- 13:15 Insertional Achilles tendinopathy. **Daniele Marcolli**
- 13:30 Achilles ruptures – surgical treatment. **Andrew Hong**
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- 13:45 **CADAVER LAB**
- Lateral ankle ligaments reconstruction (hamstring/allograft). **Guillaume Cordier**
 - Arthroscopy
 - Open
 - Syndesmosis repair – elastic system and AITFL repair. **Mette Andersen**
 - FHL transfer – arthroscopic. **Jordi Vega**
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- 16:30-16:40 **Summary and closure. Bruno Pereira, João Vide**



PARTNER

The European Foot and Ankle Society would like to express its heartfelt thanks to Arthrex that has supported to the organization of this EFAS Specimen Lab Course 2024

