



# EFAS

European Foot & Ankle Society

Mini Invasive Surgery

5-6-7 SEPTEMBER 2024



# AUGSBURG

GERMANY

[www.efas.net](http://www.efas.net)



ORGANISATION GÉNÉRALE : MCO Congrès

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## Faculty members

Georg Hochheuser | Henryk Liszka | Mohamed Mokhtar | Eduard Rabat | Manfred Thomas  
Geoffroy Vandeputte | Markus Walther

## EFAS MIS Course - Basic Course

Thursday 5 September 2024

### Principles, Instruments and Lesser toes

#### 08:45-10:00 | LECTURES

- 08:45 Welcome
- 09:00 Instruments and general principles of minimally invasive foot surgery
- 09:20 Evidence in minimally invasive foot surgery
- 09:40 Principles of lesser toe correction

#### 10:00-10:25 | COFFEE BREAK, VISIT SPONSORS-INSTRUMENTS

#### 10:30-12:05 | LAB

- 10:30 Artificial bone demonstration: Instruments
- 10:35 Artificial bone demonstration: Lesser toe correction
- 10:45 Industry Workshop (all companies present with MIS machines)  
All attendees have the possibility to get the EU-MDR operators licence for the MIS machines used in the course from the manufacturer and therefore can train the staff in their local hospitals (EU-MDR Licence 2017/745)
- 11:15 Artificial bone: Practical session lesser toe correction
- 11:25 Cadaver: Demonstration lesser toe correction
- 11:35 Cadaver: Practical session lesser toes

#### 12:05-13:00 | LUNCH

#### 13:00-14:00 | LECTURES

- 13:00 Principles of 5<sup>th</sup> ray correction
- 13:20 Principles of lesser metatarsal osteotomies (DMMO, DICMO)
- 13:40 Dressings after MIS surgery

#### 14:00-16:30 | LAB

- 14:00 Artificial bone: Demonstration 5<sup>th</sup> ray
- 14:10 Artificial bone: Demonstration DMMO
- 14:20 Artificial bone practical session
- 15:00 Cadaver: Demonstration: 5<sup>th</sup> ray
- 15:15 Cadaver: Demonstration Metatarsal osteotomies
- 15:30 Cadaver Practical session

#### 16:30-17:00 | COFFEE BREAK, VISIT SPONSORS-INSTRUMENTS



## EFAS MIS Course - Basic Course

### Thursday 5 September 2024

#### 17:00-18:30 | LECTURES

- 17:00 Good procedures to start with
- 17:30 Exercise dressings at your colleague
- 18:00 Case discussion from Attendees and Faculty

#### 18:30 | END OF 1<sup>st</sup> DAY

### Friday 6 September 2024

#### Basics of 1<sup>st</sup> ray and calcaneus

#### 08:30-09:20 | LECTURE

- 08:30 MIS in Hallux rigidus
- 08:50 MIS in Plantar fasciitis
- 09:05 MIS in Diabetes

#### 09:20-10:30 | LAB

- 09:20 Artificial bone: Demonstration Hallux rigidus
- 09:30 Artificial bone: Demonstration Plantar fasciitis
- 09:40 Artificial bone: Demonstration Diabetes
- 09:50 Artificial bone practice

#### 10:30-11:00 | COFFEE BREAK

- 11:00 Cadaver: Demonstration Hallux rigidus
- 11:10 Cadaver: Demonstration Plantar fasciitis
- 11:20 Cadaver: Demonstration Diabetes
- 11:30 Cadaver Practice

#### 12:30-13:30 | LUNCH

#### 13:30-14:30 | LECTURES

- 13:30 Medializing calcaneal osteotomy (MCO)
- 13:50 Zadek
- 14:05 MIS/Arthroscopic Haglund

#### 14:30-15:45 | LAB

- 14:30 Artificial bone: Demonstration MCO
- 14:40 Artificial bone: Demonstration Zadek
- 14:50 Artificial bone: Demonstration MIS Haglund
- 15:00 Artificial bone Practice

#### 15:45-16:05 | COFFEE BREAK



## EFAS MIS Course - Basic Course

### Friday 6 September 2024

- 16:05 Cadaver: Demonstration MCO
- 16:20 Cadaver: Demonstration Zadek
- 16:35 Cadaver: Demonstration MIS Haglund
- 16:45 Cadaver Practice
- 17:45 Postoperative x-ray findings
- 18:05 Management of complications
  
- 18:25 Closing remarks
  
- 18:30 **END OF 2<sup>nd</sup> DAY**



## EFAS MIS Course - Advanced Course

**Saturday 7 September 2024**

**Advanced techniques of 1<sup>st</sup> ray correction**

**08:50-09:00 REGISTRATION / WELCOME**

**09:00-09:50 LECTURES**

09:00 MIS Chevron (MICA) – Theoretical concepts, literature and technique

09:15 MIS Proximal osteotomy - Theoretical concepts, literature and technique

09:30 MIS Scarf - Theoretical concepts, literature and technique

**09:50-10:30 LAB**

09:50 Artificial bone demonstration: MIS Chevron (MICA)

10:10 Artificial bone demonstration: MIS Proximal osteotomy

10:20 Artificial bone demonstration: MIS Scarf

**10:30-10:50 COFFEE BREAK**

10:50 Artificial bone Practice

12:00 Cadaver demonstration: MIS Chevron (MICA)

12:15 Cadaver demonstration: MIS Proximal osteotomy

12:30 Cadaver demonstration: MIS Scarf

**12:45-13:45 LUNCH BREAK**

**13:45-15:00 Cadaver Practice**

**15:00-15:45 LECTURES**

15:00 MIS Cavus foot correction

15:20 MIS/Arthroscopic subtalar fusion

**15:45-17:00 LAB**

15:45 Artificial bone demonstration: MIS Cavus foot correction

15:55 Artificial bone demonstration: MIS/Arthroscopic subtalar fusion

16:05 Artificial bone practice

16:30 Cadaver demonstration: MIS Cavus foot correction

16:45 Cadaver bone demonstration: MIS/Arthroscopic subtalar fusion

**17:00-18:00 Cadaver Practice**

**18:00-18:30 Open questions and closing remarks**

**18:30 END OF 3<sup>rd</sup> DAY**