



POLAND
KRAKOW

EFAS

European Foot & Ankle Society



**Tendon, ligament
and cartilage surgery**

www.efas.net





FACULTY MEMBERS

Mostafa Benyahia | Aleksas Makulavicius | Xavier Martin Oliva | Henryk Liszka | Daniel Saraiva
Manfred Thomas | James Ritchie

Friday 14 November 2025

08:00 **Registration**

08:15 **Opening and organisatory instructions.**

Lectures (aula) - NEUROMUSCULAR FOOT AND ANKLE DISORDERS

08:25 Dropfoot after common peroneal nerve palsy. **Henryk Liszka**

08:35 Charcot – Marie-Tooth disease. **Mostafa Benyahia**

08:50 Foot and ankle deformities associated with cerebral palsy. **James Ritchie**

09:05 Case presentation and discussion.

HANDS ON (Dissection rooms)

09:30 TP transfer

10:30 Achilles/Gastroc lengthening

11:00 Steindler procedure

11:30 TA transfer

12:00 PL to PB transfer

12:30 **LUNCH BREAK**

HANDS ON (Dissection rooms)

13:15 Dwyer/lateralizing calcaneus osteotomy

13:45 1 ray dorsiflexion osteotomy.

14:15 Jones procedure.

14:45 Girdlestone-Taylor tendon transfer

Lectures (aula) - FLATFOOT, ACHILLES, INSTABILITY

15:30 PCFD classification. **Manfred Thomas**

15:45 The role of spring ligament in flatfoot deformity. **Aleksas Makulavicius**

16:00 Achilles rupture repair. **Aleksas Makulavicius**

16:15 Insufficiency of Achilles tendon. **Mostafa Benyahia**

16:30 Lateral ankle instability. **Xavier Martin Oliva**

16:45 Peroneal tendons- chronic ruptures and instability. **Manfred Thomas**

17:00 Medial ankle instability. **Daniel Saraiva**

17:15 Syndesmosis rupture and insufficiency. **James Ritchie**

17:30 Case presentation and discussion

18:00 **Remarks and questions**



Saturday 15 November 2025

Lectures (aula) - CARTILAGE

- 08:00 Osteochondral lesions of the talar dome. **Daniel Saraiva**
08:20 Case presentation and discussion
-

I HANDS ON (Dissection rooms)

- 08:50 Spring ligament reconstruction and FDL transfer
09:45 Deltoid ligament reconstruction
10:30 Achilles MIS repair
11:00 Achilles reconstruction with FHL transfer
12:00 Medial malleolus osteotomy and OD lesion reconstruction
-

13:00 LUNCH BREAK

I HANDS ON (Dissection rooms)

- 13:45 Syndesmosis repair
14:30 Open Brostrom
15:15 Peroneal tendon repair and reconstruction
-

- 15:45 **Conclusions, remarks and end of the course**
-