



LITHUANIA  
**VILNIUS**

# EFAS CONGRESS

European Foot & Ankle Society



**10-11 October 2025**

**PRELIMINARY PROGRAMME**

[www.efas.net](http://www.efas.net)





## CUTTING-EDGE FOOT AND ANKLE INNOVATION – 10<sup>TH</sup>-11<sup>TH</sup> OCTOBER 2025



The primary goal for this **EFAS Congress** is to provide a **forum** for delegates to acquire the **cutting-edge knowledge** set and **innovations** needed in the treatment of common and not-so-common **foot and ankle disorders**.

**Experts** will review challenging cases of **forefoot, midfoot, hindfoot, ankle, soft tissues, and trauma procedures** and discuss their early recognition, management, and prevention through a **case-based approach**.

Opportunity for **hands-on experience** with faculty will be available throughout the **Industry Exhibition and Workshops**.

### FRIDAY 10<sup>TH</sup> OCTOBER 2025

|               |   |              |
|---------------|---|--------------|
| 08:00 - 08:30 | <b>Registration</b>   |              |
| 08:30 - 08:40 | <b>Opening Ceremony</b><br>Manfred Thomas – EFAS President – Manuel Monteagudo Chair EFAS Sci Committee – Aleksas Makulavicius – Local Host Vilnius |              |
| 08:40 – 09:40 | <b>UPDATE</b> in Total Ankle Replacement  | <b>ROOM1</b> |
| 08:40 – 09:40 | <b>FEET ON THE GROUND</b> – Techniques, tips & tricks that changed my practice  | <b>ROOM2</b> |
| 09:45 – 10:45 | <b>DISCUSSION FORUM</b> – Things I no longer do ...   | <b>ROOM1</b> |
| 09:45 – 10:45 | <b>EFAS Humanitarian Committee – EFAS Research Committee</b>  | <b>ROOM2</b> |
| 10:45 – 11:15 | <b>COFFEE BREAK, EXHIBITION</b>   |              |
| 11:20 – 12:20 | <b>FREE PAPERS</b>  |              |
| 12:25 – 13:25 | <b>FEET ON THE GROUND</b> – Fail better next time   | <b>ROOM1</b> |
| 12:25 – 13:25 | <b>DISCUSSION FORUM</b> – The softies   | <b>ROOM2</b> |
| 13:25 – 15:25 | <b>LUNCH, EXHIBITION, INDUSTRY WORKSHOPS, POSTER WALKS</b>  |              |
| 15:30 – 16:30 | <b>AOFAS AT EFAS</b> – Walking the extra mile in ...  | <b>ROOM1</b> |
| 16:35 – 17:35 | <b>EFAS General Assembly</b>  |              |
| 17:40         | <b>Adjourn</b>  |              |



## SATURDAY 11<sup>TH</sup> OCTOBER 2025

08:10 – 08:30 **INVITED LECTURE**

08:40 – 09:40 **EFAS FORA** – Looking for consensus on... Diabetic Foot **ROOM1**

08:40 – 09:40 **EFAS FORA** – Looking for consensus on... EDI (Equality, Diversity, Inclusion) **ROOM2**

09:45 – 10:45 **FREE PAPERS**

10:45 – 11:15 **COFFEE BREAK, EXHIBITION**

11:20 – 12:20 **UPDATE** in Hallux valgus surgery **ROOM1**

11:20 – 12:20 **EFAS FELLOWS AROUND THE GLOBE** – Work, travel, learn, share, tell. **ROOM2**

12:25 – 13:25 **UPDATE** in sport injuries in the amateur athlete **ROOM1**

12:25 – 13:25 **THE VILNIUS FILM FESTIVAL** – We'll always have Vilnius. **ROOM2**

13:20 – 15:00 **LUNCH, EXHIBITION, INDUSTRY WORKSHOPS, POSTER WALKS**

15:00 – 16:00 **DISCUSSION FORUM** – Trauma sofa debate **ROOM1**

15:00 – 16:00 **UPDATE** in Foot and Ankle arthroscopy and tendoscopy **ROOM2**

16:00 – 17:00 **EFAS FORA** – Looking for consensus on... Foot and Ankle Trauma **ROOM1**

16:00 – 17:00 **EFAS FORA** – Looking for consensus on... Paediatric Foot and Ankle **ROOM2**

17:00 – 17:20 **EFAS RESEARCH GRANTS & EFAS PRIZES** **ROOM1**

17:25 – 17:30 **Goodbyes** **ROOM1**

18:00 **CONCLUSION AND CLOSING REMARKS**

**Manfred Thomas** – EFAS President

**Manuel Monteagudo** – Chair Scientific Committee

**Aleksas Makulavicius** – Local Host Vilnius