



EFAS

European Foot & Ankle Society

HINDFOOT COURSE

10-11 DECEMBER 2026

AUGSBURG

GERMANY

University hospital Augsburg -Germany



GENERAL ORGANISATION: MCO Congrès
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www.efas.net





Faculty members

Mostafa Benyahia (Danemark) | Peter Bock (Austria) | Kris Buedts (Belgium) | Joris Hermus (Netherlands)
Marianne Lund Eriksen (Norway) | Kajetan Klos (Germany) | Henryk Liszka (Poland) | Aleksas Makulavicius
(Lithuania) | Bruno Pereira (Portugal) | Daniel Saraiva (Portugal)

Local Hosts

Bruno Märkl | Manfred Thomas

Thursday 10 December 2026

08:00 Registration

08:45 Opening and organisatory instructions. [M. Thomas](#), [B. Märkl](#)

08:55 Progressive collapsing foot deformity (PCFD): classification- pathology- treatment. [M. Thomas](#)

09:15 Lengthening of Achilles tendon: different techniques. [P. Bock](#)

09:25 Neglected rupture of Tendo Achilles: Treatment options. [M. Benyahia](#)

09:40 Insertional tendinitis of tendo achilles: Diagnose and Therapy. [D. Saraiva](#)

09:55-10:20 COFFEE BREAK

10:20 | PRACTICAL EXERCISE:

1. Demonstration: [M. Benyahia](#), [D. Saraiva](#), [H. Liszka](#)

- Soft tissue preparation incl. spring ligament
- FDL tendon transfer
- Evans/ Hintermann osteotomy
- FHL- Transfer for chronic rupture of achilles tendon
- Cotton osteotomy

Exercise by the participants (Cadaverspecimen N° 1)

2. Demonstration: [P. Bock](#), [M. Lund- Eriksen](#), [B. Pereira](#)

- Medial sliding osteotomy Calcaneus
- Different techniques for Achilles tendon lengthening
- Zadek Osteotomy and direct approach to tendo achilles insertion

13:00-13:45 LUNCH BREAK

13:45 Charcot Arthropathy Foot and Ankle: Classification- Diagnose- Treatment. [J. Hermus](#)

14:10 Subtalar fusion, Double and Triple arthrodesis: indication and technique. [A. Makulavicius](#)

14:25 Isolated tibio-talar arthrodesis versus pantalar fusion: indication- techniques (screw/
plate/ nail, different approaches and different osteosynthesis). [K. Klos](#)

14:50 | PRACTICAL EXERCISE PART. 1:

1. Demonstration: [K. Klos](#), [A. Makulavicius](#), [J. Hermus](#)

- Subtalar fusion
- Double/ Triple arthrodesis

Exercise by the participants (Cadaverspecimen N° 2)

16:00-16:25 COFFEE BREAK



16:30

|| PRACTICAL EXERCISE PART. 2:

2. Demonstration: [A. Makulavicius](#), [J. Hermus](#), [K. Klos](#), [M. Lund-Eriksen](#)

- Isolated tibiotalar fusion with screws ventro- medial
- Isolated tibiotalar fusion with plate dorsal/ medial/ ventral
- Pantalar fusion with retrograde nailing (straight nail, angulated nail)

Exercise by the participants

18:30

End of the day

19:00

Course dinner with faculty and participants

Friday 11 December 2026

08:30

Principles of tendon transfer surgeries. [H. Liszka](#)

09:00

Pathologies of peroneal tendons. [K. Klos](#)

09:20

Cavo varus foot: classification- pathology – treatment. [M. Lund-Eriksen](#)

09:50-10:20

COFFEE BREAK

10:20

|| PRACTICAL EXERCISE:

1. Demonstration: [H. Liszka](#), [M. Lund-Eriksen](#)

- Tibialis posterior tendon transfer
- Cole osteotomy midfoot

2. Demonstration: [P. Bock](#), [M. Benyahia](#)

- Dwyer Osteotomy
- Lambrinudi arthrodesis

Exercise by the participants (Cadaverspecimen N° 3)

12:45-13:15

LUNCH BREAK

13:15

Supramalleolar osteotomies: indication- planning- technique. [K. Buedts](#)

13:40

Treatment of osteochondral defects in the ankle. [K. Buedts](#)

14:00

|| PRACTICAL EXERCISE:

Demonstration: [B. Pereira](#), [P. Bock](#), [K. Buedts](#)

- Supramalleolar Opening wedge osteotomy
- Supramalleolar Closing wedge osteotomy
- Supramalleolar Dome osteotomy
- Malleolar osteotomies and osteochondral defects

Exercise by the participants

16:00

Closing of the day – Summary. [M. Thomas](#)
