



EFAS

European Foot & Ankle Society

FOREFOOT COURSE AND HINDFOOT
DEFORMITIES IN RELATION
WITH FOREFOOT PATHOLOGIES

05-06 FEBRUARY 2026

BARCELONA

SPAIN



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Thursday 05 February 2026

07:45 **Registration**

08:00 **Welcome to the course.**

THEORICAL PRESENTATIONS

08:15 Biomechanics in forefoot.
08:30 Basic principles in forefoot surgery.
08:45 Hallux Valgus, algorithm of treatment.
09:00 Metatarsalgia algorithm of treatment.
09:15 Hallux rigidus.
09:30 Discussion

HANDSON

09:45 Chevron technique.
10:30 Scarf technique.
11:30 Proximal osteotomy.
12:15 Lapidus.

13:15 **LUNCH BREAK**

HANDSON

13:45 Weils osteotomy.
14:30 Lesser toes surgery.
- IP arthrodesis.
- Tendinous transfer for hamer toes.

15:30 Cheilectomy for hallux rigidus treatment.
16:15 Moberg osteotomy.
16:45 MTP arthrodesis.
17:15 Lisfranc reconstruction / arthrodesis.

17:45 **Case clinic discussion, Hallux Valgus surgery.**

18:30 **Case clinic discussion** about complications in forefoot surgery.

19:00 **Remarks and questions.**



Friday 06 February 2026

I HANDS ON

- 08:00 Chondral defects and treatment with AMIC in the 1st MTP.
08:15 Treatment with AMIC.
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I ORAL PRESENTATIONS

- 08:45 - Complication in H.V surgery
• Recurrence.
• Malunion.
• Transfer metatarsalgia.
- Complications in lesser rays surgery
09:30 Discussion
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I ORAL PRESENTATIONS

- 09:45 Tibial posterior Dysfunction or progressive collapsing foot deformity?
10:00 What behavior do you follow when dealing with a patient with severe flat foot but who only consults with Hallux valgus?
10:15 Treatment of Tibial posterior dysfunction.
10:30 When we indicated Subtalar arthrodesis? When double arthrodesis?
10:45 Discussion
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I HANDS ON

- 11:00 Calcaneal osteotomy.
11:45 Evans osteotomy.
12:15 Cotton osteotomy.
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LUNCH BREAK

- 13:00 Double Arthrodesis.
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I Case clinic discussion

- 15:15 Close remarks.