



European Foot & Ankle Society

19-20 MARCH | ISTANBUL
2027 | TURKEY



Sports and Arthroscopy Course



GENERAL ORGANISATION: MCO Congrès
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Faculty members

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Friday, 19th of March 2027

Sports and Arthroscopy Course

- 08.00 Registration
- 08.45 Course introduction, organisation & lab rules
- 08.55 Anterior portals: Indications and overview of surgical possibilities
- 09.10 Arthroscopic-assisted lateral ankle ligament repair and reconstruction: Different techniques
- 09.25 Arthroscopic evaluation of the medial ankle ligament complex and syndesmosis
- 09.40 Discussion

09.55-10.15 Coffee Break

10.15 Practical session

Demonstration:

- Anterior approach and portal placement
 - Identification of anatomical landmarks and structures
 - Synovectomy and debridement of anterior impingement
 - Lateral ligament repair and reconstruction: Different techniques
 - Reconstruction and evaluation of the syndesmosis and deltoid ligament
- Hands-on practice by the participants

12.45 -13.45 Lunch Break

- 13.45 Surgical anatomy and indications for posterior and subtalar endoscopy
- 14.00 Haglund's deformity and Achilles tendinopathy: Endoscopic treatment possibilities
- 14.15 Endoscopic FHL transfer: Surgical technique and evidence
- 14.30 Endoscopic subtalar arthrodesis: Surgical technique and evidence
- 14.45 Treatment of Achilles tendinopathy with the Zadek osteotomy: Current evidence
- 15:00 Discussion

15.20-15.50 Coffee Break

15.50 Practical session:

Demonstration:

- Posterior approach and portal placement
 - Subtalar approach and portal placement
 - Identification of anatomical landmarks in the posterior ankle
 - Endoscopic treatment of Haglund's deformity
 - Endoscopic FHL transfer
 - Endoscopic subtalar arthrodesis
- Hands-on practice by the participants

18.00 End of the day

Saturday, 20th of March 2027

- 08.30 Osteochondral lesions of the ankle: Evidence and current updates
- 08.50 The role of arthroscopy in ankle osteoarthritis
- 09.05 Ankle arthrodesis: Open or arthroscopic?
- 09.20 Plantar fasciitis: Endoscopic techniques and supporting evidence
- 09.30 Peroneal tendon pathology: The role of tendoscopy
- 09.35 Discussion

09.45 – 10.15 Coffee break

- 10.15 **Practical session:**
Demonstration:
 - Tendoscopy of peroneal and tibialis posterior tendons
 - Endoscopic treatment of plantar fasciitis
 - Microfracture & AMIC
 - Arthroscopic-assisted ankle arthrodesis
 Hands-on practice by the participants

12.45 – 13.15 Lunch Break

- 13.15 Arthroscopy in acute ankle trauma
- 13.30 First MTP joint arthroscopy: Indications and surgical technique
- 13.45 Tarsal tunnel syndrome: Endoscopic management
- 14.00 **Practical Session:**
Demonstration:
 - Arthroscopy of the first MTP joint + open AMIC
 - Endoscopic treatment of tarsal tunnel syndrome
 Hands-on practice by the participants
- 16.00 Closing of the day – Summary